



Players Code of Conduct

1. Always adopt a professional appearance relating to language, manner, temper and punctuality before, during and after games and training.
2. Always work equally hard for yourself and your team to gain the benefits of improved performance for your team, club and yourself.
3. Play by the rules, play fair to earn respect and understand the spirit of the game. Be a good sport and applaud all good plays whether by your team or your opponents.
4. Play to win and never set out to lose.
5. Never give up against stronger opponents and never relent against weaker ones.
6. Never argue with an official, coach, manager or team captain who is there to maintain discipline and fair play. Control your temper and avoid verbal abuse, sledging or deliberately distracting or provoking opponents and spectators.
7. Always be open and honest with the coach concerning injury and illness that can affect your ability to compete and train.
8. Accept defeat with dignity and professionalism and do not seek excuses for defeat or blame the referees or anyone else.
9. Always co-operate with and respect the rights, dignity and worth of your coach, teammates and officials. Treat all participants equally and reject corruption, cheating, drugs, racism, violence and other dangers to our sport and club.
10. Never engage in any form of harassment be it sexual, physical, emotional or verbal (including forms through electronic means such as e-mail, sms text etc.) towards fellow players, coaches, managers or officials.
11. Always promote the interests of football and your club and encourage others to watch it or play it fairly. Participate for your own enjoyment and benefit.
12. Honour all those who defend your club and football's good reputation with honesty and fairness and encourage others to act in the same way.