

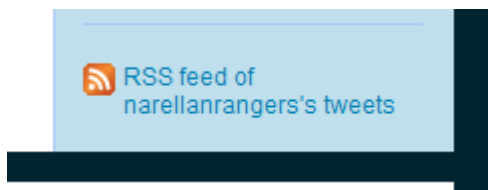
NARELLAN RANGERS



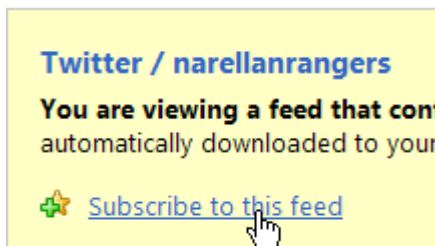
USING RSS FEEDS FOR GROUNDS STATUS UPDATES

Add an RSS Feed through Windows Internet Explorer 7 & 8

Click on the "Grounds Status" icon on the Narellan Rangers" website which opens a new window with our new Twitter page. On the bottom right hand corner you will see the RSS Feed icon for narellanrangers (see image below).



Click on the RSS feed



Click on "Subscribe to this feed"



Click the "Subscribe" Button. You will now have an "RSS Feeds" entry in your Internet Explorer Favourites. Just click on the feed to get the latest on Ground Status. Don't forget to check our website for News updates and season information though.

Add an RSS Feed through the Microsoft Office Outlook 2007 Account Settings dialog box

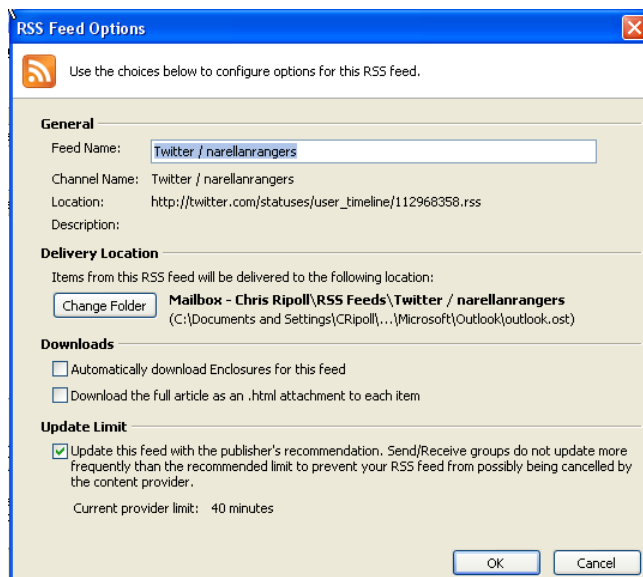
1. On the **Tools** menu, click **Account Settings**.
2. On the **RSS Feeds** tab, click **New**.
3. In the **New RSS Feed** dialog box, type the following or copy the next line and paste it in the dialogue box.

`http://twitter.com/statuses/user_timeline/112968358.rss`



Remember CTRL+C = Copy and CTRL+V = Paste

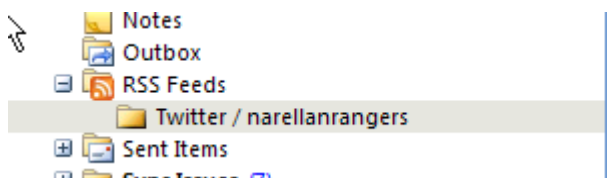
4. Click **Add**.



- 5.

Click **OK**.

You will now have an "RSS Feeds" folder in your folder list.



If you use Outlook Express as your email client, it is a complicated procedure. If you are game, here is the link.

<http://clibra.wordpress.com/2007/08/25/howto-read-rss-feeds-in-outlook-express/>

Add an RSS Feed on your iPhone

Download and install the "Free RSS Reader" application on your iPhone (application written by Simon Oualid)

Open the application and press the + sign on the top left corner to add the new feed.

Where its asks "Enter the feed URL" enter the following;

http://twitter.com/statuses/user_timeline/112968358.rss

Click Done.

Your iPhone is now ready to receive up to the minute updates from us.

Please note: You need to have an appropriate data plan for your iPhone as RSS Feeds rely on internet access.